

Information	Images
<p>General movements Encourage the players to use different soccer related movements such as walking, running, jumping, rolling, running backwards and also sideways Movements can occur with or without a ball.</p>	<p>© Copyright www.academysoccercoach.co.uk 2014</p>
<p>Passing and Moving Players are placed into as and pass and move freely inside 30x30 area. Focus should be on how the player passes and receives the ball. To make it fun for the players add gates into the area and on the command of "Shopping" players look to pass the ball through the gates. each gate =1point</p>	<p>© Copyright www.academysoccercoach.co.uk 2014</p>
<p>S plays ball into the goalkeeper. The goalkeeper now looks to distribute the ball to 1 of his/her team mates. As soon as the player receiving the ball touches the ball the 2 strikers are released to pressure the ball. The team in possession now look to get the ball 10 T or S to score a point. If the Strikers win possession they head to goal. All players rotate through all positions.</p>	<p>© Copyright www.academysoccercoach.co.uk 2014</p>
<p>5V5 with the Retreat line. If you have odd numbers you can have the extra player become a neutral player in the game.</p>	<p>© Copyright www.academysoccercoach.co.uk 2014</p>