

Information	Images
<p>Organization: A field of 25m x 30m. Soccer balls</p> <p>Procedure: Everyone has a ball, coach is “Simon”.</p> <p>Coach says “Simon says”</p> <p>Without ball: Jumping Jacks, stand on one foot, etc.</p> <p>With a ball: Kick with the right foot, Kick with the left foot, dribble with right foot, run with the ball with the left foot, etc.</p>	<p style="text-align: right; font-size: small;">© Copyright www.academysoccercoach.co.uk 2014</p>
<p>Progression: Ask player to choose an animal, and show how that animal dribble.</p>	<p style="text-align: right; font-size: small;">© Copyright www.academysoccercoach.co.uk 2014</p>
<p>Organization: A field of 25m x 30m. Soccer balls. 3 grids of 3mx3m</p> <p>Procedure: Everyone starts without the ball, the coach calls a country (box), and everyone has to get there as fast as they can.</p> <p>Progression: Players do the same thing but with the ball</p>	<p style="text-align: right; font-size: small;">© Copyright www.academysoccercoach.co.uk 2014</p>
<p>Organization: A field of 25m x 30m.</p> <p>Procedure: Everyone starts without a ball, the coach calls a country (box) and everyone has to get there as fast as possible.</p> <p>Progression: Players do the same thing with the ball.</p>	<p style="text-align: right; font-size: small;">© Copyright www.academysoccercoach.co.uk 2014</p>