

Information	Images
<p><b>Organization:</b> 25mx30m area. Soccer balls.</p> <p><b>Procedure:</b> Everyone has a ball, coach is “Simon”.</p> <p>Coach says “Simon says”</p> <p><b>Without ball:</b> Jumping Jacks, stand on one foot, etc.</p> <p><b>With a ball:</b> Kick with the right foot, Kick with the left foot, dribble with right foot, run with the ball with the left foot, etc.</p>	<p>© Copyright www.academysoccercoach.co.uk 2014</p>
<p><b>Organization:</b> 2 grids of 10mx15m with 5m natural zone in the middle, soccer balls and 8 players.</p> <p><b>Procedure:</b> Divide players to two groups of 4 in each grid with ball at their feet. Players kick the ball out of their area (their room) into friend's room.</p> <p>On coach's call when the game stops, team with more balls in their room have to pull funny faces.</p>	<p>© Copyright www.academysoccercoach.co.uk 2015</p>
<p><b>Organization:</b> A grid of 25mx25m, 8 soccer balls, and 8 players.</p> <p><b>Procedure:</b> place 4 boxes of 2mx2m in each corner. Divide players to 4 groups of 2 at each corner. On coach's call, first player from each group runs to get one ball and take it back to their castle. This continues until all the balls are gone. Team with more balls in their castle win.</p>	<p>© Copyright www.academysoccercoach.co.uk 2015</p>
<p><b>Organization:</b> 25mx30m area. Soccer balls.</p> <p><b>Procedure:</b> Players play 1v1 vs their parents, and try and score on them.</p>	<p>© Copyright www.academysoccercoach.co.uk 2014</p>