

Information	Images
<p>Organization: 5 mx 5 m field as shown. 5 players, 4 have balls. players with the ball outside of the square, evenly spaced.</p> <p>Procedure: Players attempt to dribble across the square or to a another side, avoiding being tagged by player in the middle.</p> <p>Getting across gains 2 points, dribbling to another side gains 1 point. If an outside player is tagged 3 times, He/she goes in the middle.</p>	<p>© Copyright www.academyfootballcoach.co.uk 2014</p>
<p>Organization: 15x 15 yds Field as shown. 8-10 players with a ball each. 2 additional players with 1 ball between them.</p> <p>Procedure: Players dribbling and move freely within the area.</p> <p>The pair of players with one ball between them moves within the area passing to one another, avoiding dribbling players.</p> <p>The pair will be changed every 1 minute.</p> <p>Progression: Add more" pairs" passing amongst the dribblers. Or reduce the area.</p> <p>A pair with more passing sequence will win.</p>	<p>© Copyright www.academyfootballcoach.co.uk 2014</p>
<p>Organization: 40 mx40 m field as shown. 10 players organized in 2 teams of 5, 2 targets, and a server (S). One ball to play, and a few balls around the field.</p> <p>Server may move around the outside of the area.</p> <p>Procedure: Practice starts with a pass into play by the server. Team can use Targets and server to keep possession. Targets can move to open square to help the team.</p> <p>Team score by passing to target into designated area.</p>	<p>© Copyright www.academyfootballcoach.co.uk 2014</p>
<p>Organization: 20 mx 20 m field as shown (could be modified according to age). 10 players in two teams of 5. Two players from each team as target in designated area (2 mx 2 m).</p> <p>Procedure: Team in possession must pass to one target player, get it back and play to other target player in order to score.</p>	<p>© Copyright www.academyfootballcoach.co.uk 2014</p>