

Information	Images
<p><b>General movements</b> Encourage the players to use different soccer related movements such as walking, running, jumping, rolling, running backwards and also sideways Movements can occur with or without a ball.</p>	
<p><b>Organization:</b> Players dribble freely inside 30m x 30m area. <b>Procedure:</b> Players are asked to express them self's and be creative by attacking space and showing different moves. On coaches command players will attack a cone and show a move that will beat a defender. Coaches can show the players moves or allow the children to choose a move of their choice.</p>	
<p><b>Organization:</b> Area is 30mx30m with 1 goal in each corner, 1m in width. <b>Procedure:</b> Player A plays the pass to player B. Player B attempts to dribble past player A and dribble through one of the blue goals. If player A takes the ball away from play B he/she then tries to dribble the ball through either of the goals. Keep rotating the service so that all players are attackers. C will then play the ball to D and they will compete as above. <b>Progression:</b> Players progress to play 2v2 if success is being achieved.</p>	
<p>5V5 with the Retreat line. <b>Organization:</b> Players play 5v5 on a 35mx25m field. The Retreat line is located at the half way line. 2 goals are located at each end. <b>Procedure:</b> Once the ball goes out for a goalkick or the goalkeeper has control of the ball the opposition must retreat behind the retreat line. Once the player receives the pass from the goalkeeper the game is live. When scoring a goal team in possession has two goals to score on. If you have odd numbers you can have the extra player become a neutral player in the game who plays for the team in possession.</p>	